

2024 Blue Jay Basketball Club Rules

GIRLS & BOYS GRADES 3rd-6TH

RULES: Iowa boys and girls basketball association rules apply, unless otherwise noted below.

- 1.) Games will consist of 2 halves of 18 minutes with continuous clock, except the last minute of the game where the clock will stop at all dead balls.
- 2.) Each team will be allowed 3 timeouts per game.
- 3.) One additional time-out will be granted for an overtime period - No carry over though. Overtime is 1 minute.
- 4.) Overtime begins with a jump ball. After 1st overtime if the score is still tied a sudden death period will be held with the 1st team to score winning.
- 5.) Any coach or player receiving 2 technical fouls will be required to leave. They will not be allowed to participate in the next game for their team.
- 6.) Numbers are required on all uniforms (front and back numbers preferred). No two players can share the same number.
- 7.) Warm-up and half time will be available as the schedule allows, usually 2-5 minutes. Please bring your own practice balls. Game balls will be provided.
- 8.) No foul language is allowed. Referees and supervisors are authorized to ask you to leave the gym if this occurs.
- 9.) The FT line for 3rd grade boys & girls and 4th girls will be at 12 feet. 4th boys and 5th boys & girls will be allowed to go over the FT line when shooting (no violation).
- 10.) 3 pointers will only be counted for 6th boys and girls. In other divisions, all field goals will be worth 2 points.
- 11.) Defense:
 - a. Man-to-man defense **ONLY** in all divisions. Proper help defense should be taught but then get back to your man when player that was beat recovers. No going to double team the person dribbling.
 - b. Stealing off dribble - For 3rd grade divisions (both boys & girls) stealing off the dribble is only allowed inside the 3 point line. Passes can be stolen anywhere past half court. If a team is up by 20 points or more, then stealing off the dribble is no longer allowed by that team.
 - c. Pressing - Will be allowed the last two minutes of the game in 5th & 6th grade divisions if the game is within 10 points. Will be man to man pressing only. Prior to that teams need to fall back to half-court when the defense gets possession of the basketball.